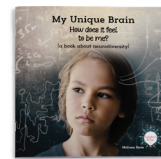
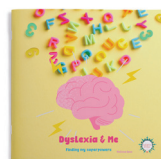


LAPBOOK SETS

Tailor-made book sets. Cross-curriculum extension & exploration of our most popular big books.

DIVERSITY

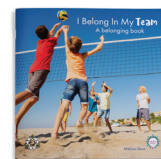
A series exploring physical and mental differences as well as neurodiversity from empowering and inclusive perspectives.



- Autism Spectrum
- Dyslexia & Me
- Embracing Differences
- My Unique Brain (ADHD)

BELONGING

In this book collection we explore belonging to ourselves, our cultures, teams and groups, communities and our world.



BIG MACHINES

In the air, on the water, the farm, in construction and transport. Explore the past, present and future of big machines.



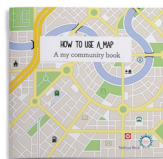
REDUCE REUSE RECYCLE RETHINK

We believe in learning about sustainability in a way that feels empowering. We explore the five R's of sustainability with practical and inspirational information.



MY COMMUNITY

Being part of our community is an important part of wellbeing. In this series we look at all aspects of our community, from life in the past to how to read a map.



MY FAMILY

We explore family relationships; how to deal with change and conflict and how we might best communicate with and appreciate our families.



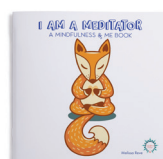
MY FRIENDS

A series that includes practical information on how to make a friend, conflict resolution, managing emotions and being kind to yourself and others.



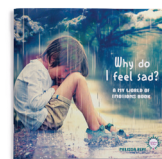
MINDFULNESS & ME

Mindfulness is about developing skills to support mental clarity and emotional balance. In this book series we explore practical paths to living mindfully.



MY WORLD OF EMOTIONS

6 book special edition set exploring emotions of fear, shame, sadness, anger, boredom & happiness with positive psychology strategies.



COMPACT EDITION

Smaller versions of our bestselling big books for student and parent use



ENLIGHTEN PRESS CATALOG

Term 3-4 2026



Love learning, empowered reading.

Explore our newest books and resources, created to support inquiry, wellbeing and meaningful learning in the early years. Thoughtful, practical resources that open up important conversations.

LEARN WITH US ON YOUTUBE

Discover songs, guided practices and creative resources that support children's learning, emotional regulation, confidence and wellbeing.



SCAN TO EXPLORE

OUR BIG BOOK COLLECTION

NEW RELEASES!

The Inside My Body series helps children explore the unseen processes happening within them. Photographic imagery, clear visual overlays and inquiry-based language build early understanding across science, health, wellbeing, body awareness and oral language.

WHAT HAPPENS WHEN I... EAT?



Follow food from where it begins to what happens inside the body after we eat. Children explore food origins, digestion, nutrients, the microbiome, hunger, fullness and body signals through engaging visuals and shame-free inquiry. Allergy-aware and neurodiversity-respectful, the book recognises that different bodies may need, tolerate and experience foods differently.

WHAT HAPPENS WHEN I... MOVE?



Discover what happens inside the body when we jump, climb, stretch, balance and play. Children explore muscles, breathing, brain-body communication, coordination, energy, mood and learning through dynamic, child-friendly science. Simple exercises invite children to move along as they read.



What Can I Sense? is a child-centred exploration of sensing, emotions, and connection. Through everyday experiences and thoughtful prompts, it supports children to notice their bodies, feelings, and social cues, building self-awareness, empathy, and understanding of others.



POLLINATORS

Beautiful real-life photography and guided inquiry invite children to discover the remarkable world of pollinators through observation, curiosity and scientific thinking. Explore how different pollinators keep plants, ecosystems and our food supply growing.



THINGS AREN'T GOING MY WAY



Big feelings are part of every day, this book gives young children simple tools to name and shift them. Build emotional awareness, agency, and self-regulation through play and positive self-talk.



WHERE DO I BELONG? AUSSIE HABITATS



Aussie animals are unique. Learn about some of our most iconic creatures, where they belong, their classification, what they eat and where they sleep.

COMPOST



Learn the practical step-by-step process of composting and delve into the world of soil health, bugs and microbes. A revised version of the popular lapbook.

I SEE YOU. THE SECRET FEELINGS OF BULLIES



Behind unkindness is a feeling that needs care. With gentle reflections and real-life images, this book helps young children recognize bullying and ask for help, understand emotions, and respond with empathy and courage.



HOW THE WORRY CATERPILLAR ANXIETY BOOK



Anxiety is like a little caterpillar eating holes in our peace of mind. Develop positive self-talk and simple emotional management strategies.

THE BOTTLE AND THE BIG DECISION



Follow the journey of a plastic bottle to discover what can happen after it's used. Through engaging scenarios, they learn how every choice—from waste to reuse—shapes our world.

MY LIFE AS A DINOSAUR



What would life be like if I were a dinosaur? Imagine life on prehistoric Earth from the perspective of a dinosaur. What did I eat? Where did I sleep? Did I play?

I HAVE GRIT



Cultivate grit, commitment, perseverance & persistence. Face challenges with determination and bounce back from failures with new-found strength.

MY BUBBLE MY CHOICE



Discover the basics of consent in early childhood. Empower children to create healthy boundaries while fostering community and connection.

EMBRACING DIFFERENCES



An empowering book to teach young readers how to foster genuine relationships with individuals with physical or neurological differences.

USEPC/JULY2026

BIG BOOKS

Giant & glossy.
A3 sized for the
shared reading
experience

CURRICULUM AREAS			
Social & Emotional	Wellbeing		
Cultural Competency	Languages		
Science & Our World			
Free Music Download			

I AM CONFIDENT



Confidence is a thinking skill that can be nurtured with a growth mindset. Focus on process over outcome or product and see challenges as opportunities.



I WORK WITH OTHERS



Working with others nurtures empathy & effective communication skills, cultivating an innate capacity to comprehend diverse perspectives.



WHY DO I FEEL..?



This book explores the reasons why we feel and what emotions feel like in our bodies. We label our emotions and learn strategies to feel better.



HOW TO MAKE A NEW FRIEND



In this book we learn, step by step, the skills and techniques of making friends.



GIRLS CAN, BOYS CAN, WE CAN DO ANYTHING!



A cheeky rhyming extravaganza about gender roles. Delight children with empowering perspectives on what it means to live without limits.



SIMPLE MACHINES



Simple machines are everywhere! In this book we learn to recognise simple machines and explore how they make work easier.



I AM ZESTY



Empower students to intentionally cultivate enthusiasm and to recognise its presence in both the brain and body.



I AM CREATIVE



Promote the learning disposition of creativity in children knowing that it is a thinking skill, rather than a special talent reserved for a select few.



I AM IMAGINATIVE



Explore the transformative role of imaginative play in children, providing opportunities to explore, test and invent.



I AM CURIOUS



Curiosity supports neuroplasticity, the brain's adaptability. Developing the curious mind reduces boredom, aids emotional regulation & promotes lifelong learning.



AUTISM SPECTRUM: HOW DOES IT FEEL?



This is a book for young people to better relate to and appreciate their friends with Autism Spectrum Disorder.



WE ARE RESILIENT & WE RECOVER



Create mental and emotional wellbeing by exploring the kindness, resilience and recovery of humans in all kinds of disasters.



MINIBEASTS MAKE THE WORLD GO ROUND



Let's make friends with insects and see how adorable, how important and how awe-inspiring they can be!



MY BIG BOOK OF POSSIBILITIES



A lyrical book with stunning illustrations. Use it to nurture a growth mindset and develop a psychology of possibility.



CYBER SAFARI



Come on a cyber safari! With the guidance of trusty parents and teachers, children learn to navigate the digital wilderness.



CODING COOKIES



Embark on an interactive, fun and tasty journey comparing coding to following a recipe. Learn the basics of coding concepts and develop a problem solving attitude.



THE POWER OF YET



In this book we explore some common childhood milestones, witnessing how when we use this word, we reshape challenges into opportunities.



DYSLEXIA & ME



This groundbreaking and empowering book shows the challenges and the benefits of having this unique learning difference.



BIG MACHINES



Vroom! Bang! Clunk! With giant wheels and huge loud engines, big machines are an exciting part of learning about how the world is constructed.



I AM A MUSICIAN



Explore the importance of music as math, music history, communication, technology, career and community.



MY MINDSET, MY CHOICE



Develop a growth mindset by learning concepts such as neuroplasticity, the gift of uncertainty, failure and the power of choice.



DINOS, WINGS & OTHER THINGS.



Big feet stomp in ancient forests, air filled with ferocious roars. Let's take a journey back in time, to explore the dinosaurs!



I CAN MAKE A DIFFERENCE



One small action can make a difference. Explore fundamental sustainability concepts that are easily actionable by children and students.



MY BIG BOOK OF GRATITUDE



Using sweet animal photographs to bring the concepts of gratitude to life, we make the message of appreciation relatable and joyful.



I CAN MAKE UP



Learn the friendship skills of empathy, conflict resolution, managing emotions and knowing how to be kind to yourself and others.



ATTITUDE IS EVERYTHING



Overcome adversity, embrace challenges and hard work. Developing learning skills and relate to others with a life-transforming positive attitude!



WHATS IT MADE OF? MATERIALS



What kind of materials are there, where do they come from and how are they made?



MY FRIENDS



What is a friend? How can we be good friends by being kind to ourselves, taking turns and inviting others to play?



MY BIG BOOK OF YOGA & MOVEMENT



Go on an adventure of yoga & expressive movement to allow children to explore their feelings and their relationship with the world around them.



BELONGING



A feeling of belonging is an important part of a child's sense of well-being and in this book we explore some of the ways we can belong.



WHAT AM I REALLY SAYING?



Our bodies tell the story of what we are thinking and feeling. Learn the keys to understanding others and decoding social cues for better relationships.



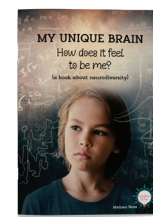
AWESOME ABILITIES



Humans with all kinds of different abilities experience awesome ways of living in the world and overcoming challenges.



MY UNIQUE BRAIN - HOW DOES IT FEEL TO BE ME?



What are the challenges of having ADHD, and how might these challenges lead to our greatest strengths? Learn emotional regulation and positive self-talk.



I CAN TAKE CARE OF MYSELF



Self-care is a fundamental skill essential to ensure positive outcomes for all. Promote independence and support school-readiness.



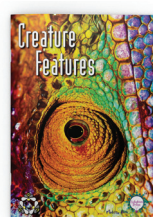
WE PAINT THE WORLD WITH COLOUR



What makes our world beautiful is variety. In this book we use simple similes to express the beauty of diversity in all our friends.



CREATURE FEATURES



This is a book about positive self-talk, related to children through the fascinating features of creatures.



KIDS GET ACTIVE



For our bodies to work properly and for us to be fit and healthy, we need to exercise regularly.



RESPECT



Respect for others begins with respect for ourselves. Explore key elements of respect and consent from an age-appropriate and empowering perspective.



I CAN LISTEN



Listening is a skill that is essential for relationships, education and general safety. Learn why listening is important and how to listen using our whole bodies!



EMERGENCY VEHICLES



Woop woop, weoooo! Need some help in an emergency? Our wheels will spin with urgency. Engines roar and wings take flight, we can reach you day or night!



BELONGING IN MY CULTURE



Explore what it means to belong in our cultures through food, dress, customs and religious or traditional celebrations.



MY VALUES



My values come from my family, culture and my community. How are they formed and am I free to choose new values to create the kind of life that I want to live?



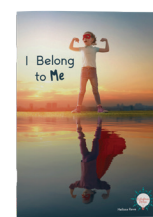
CELEBRATIONS AROUND THE WORLD



Festivals and special days celebrate diversity, culture and belonging. Learn about celebrations by exploring their values and when they happen in the calendar year.



I BELONG TO ME



What does it feel like to belong to myself, to own my thoughts and feelings and to be responsible for my physical wellbeing and personal safety?



MINDFULNESS & ME



Let's learn some everyday mindful practices and how to use our senses for presence, curiosity and focus.



Ready for liftoff?

TAKING TURNS



Let's visit the park for an adventure today and learn the importance of cooperation and friendship through taking turns.

RAINBOW YUM!



This book is a perfect way to spark children's curiosity about healthy food and encourage them to try new things.

A WORLD OF FRIENDS



Explore the wonderful differences between our friends from around the world, celebrate and appreciate diversity.

ANIMALS ON THE FARM



Who's that saying 'oink oink'? Kids will love guessing the animals by their sounds and clues, then turn the page to see if they were right.

MY NEEDS

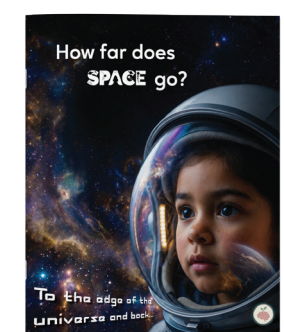


Support young learners' language development. Introduce essential vocabulary like hot, cold, tired, hungry, thirsty and more.

COMING SOON!

HOW FAR DOES SPACE GO?

How far does space go—and what might be waiting beyond what we can see? This visually spectacular inquiry book invites children to wonder, question and explore as they journey from Earth into the vastness of space.



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